The wallet is native SegWit, 2 of 3, on the path m/48'/0'/0'/2'. Sparrow 2.5.5 is the required version. Signing happens on offline Tails. The output descriptor is the map.

Why not the other setups

One key is the classic single point of failure. One leak, one fire, or one seed empties the wallet. That is the setup this guide is built to avoid.

Three of three means one lost plate locks the coins forever. That setup is too brittle for real life, and it is too brittle for an heir.

Two of three survives one loss and one compromise. The fund still moves with the other two plates. Heirs can be told a clear story: find two plates, in two places, and the map.